The Five Senses of our Garden

Taste

(can be tasted raw without cooking) Peppers Lettuce **Tomatoes** Sugar Snap Peas Mint Carrots Cucumbers Cilantro Lemon Balm Cranberry Hibiscus Papaya Ground Cherry Pineapples **Strawberries**

(Best tasted after cooking or made into a tea) Sweet potato Cabbages Sweet basil Lemon grass Ginger Turmeric Lemon Balm

Smell

Tomatoes Sweet potato Squash Ichiban Eggplant Scallions Chives Basils Mint Thyme Lavender Rosemary Dill Cilantro Culantro Chives Ginger Turmeric Lemon Balm **Strawberries** Carrots Papaya

Sound

Pigeon Pea Plant Turmeric Plant Ginger plant And Windchimes! Touch/Texture

Peppers Cabbages Collard Greens Tomatoes Sweet potato Vine Sauash Scallions Chives **Black Eyed Peas Pickles** types of Mint Collards Dinosaur Kale Thyme Rosemary Sage Curly Parsley Dill Cilantro Ginger Turmeric Lemon Balm

Don't Touch the Culantro! Its Spikey!!

Sight/Color

Peppers (green, red, yellow) Milkweed (red, orange yellow) Tomatoes (reds) Strawberries(red) Achiote (red) Papaya (yellow, orange) Cucumber & Squash flowers (yellow) Turmeric Thai Basil (purple) Collard greens Rosemary * Lavender (purple) Dill Flowers (white) Scallion blossoms (white) Cilantro blossoms (white) Ginger blossoms (white) Cranberry Hibiscus (Red-Violet) Ground Cherry (yellow) s Sweet basil flowers (white) Passion Fruit/Flowers(purples) Sweet potato flowers (purple) Black Beans & Black Eyed Peas (purple) Day lilies & Water Lilies (white, pink, purple) Pigeon Pea (yellow, red, black)

